

**Automated Volume, EF, Strain Quantification**  
 Prof Alex Lee  
 MD, MBChB, FACC, FESC, FRCP

**Echo 2018**  
 SINGAPORE  
 27-28 October  
 www.echosingapore.com

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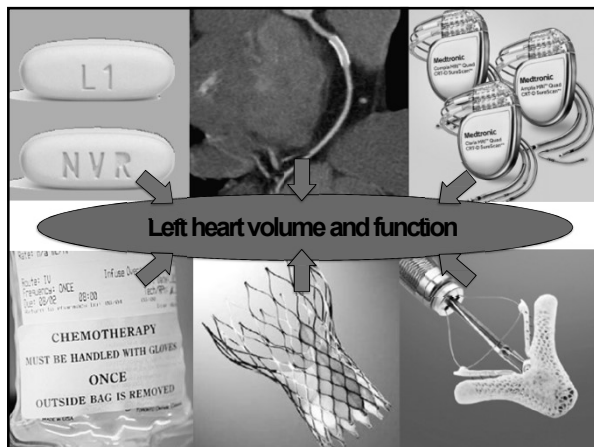
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**Left heart volume and function**

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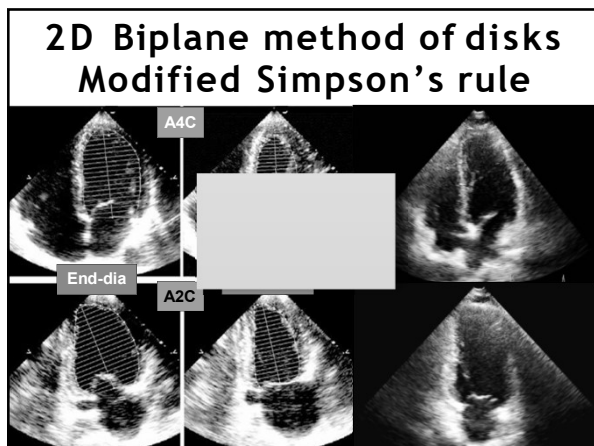
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**2D Biplane method of disks  
 Modified Simpson's rule**



End-dia

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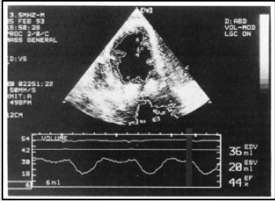
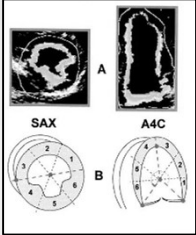
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- Automated border detection and color kinesis by acoustic quantification in the 90's
- Heavily dependent on image quality and gain setting

Morrissey, et al. JASE. 1994;7:107-115.  
Lang, et al. Circulation. 1996;93:1877-1885

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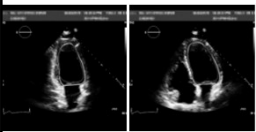
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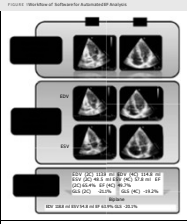
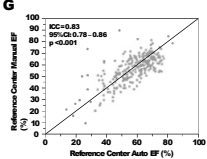
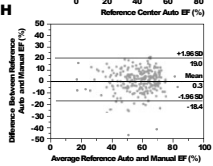
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8 seconds

### Auto 2D vs Manual 2D

Fully Automated Versus Standard Tracking of Left Ventricular Ejection Fraction and Longitudinal Strain  
The FAST-EF's Multicenter Study

Knackstedt, et al. J Am Coll Cardiol 2015;66:1456-66

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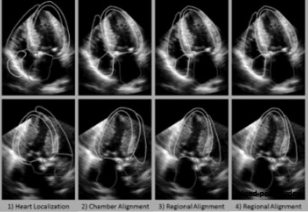
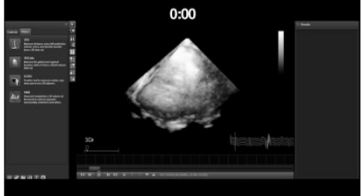
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### Automated 3D vol and EF

1) Heart Localization 2) Chamber Alignment 3) Regional Alignment 4) Regional Alignment

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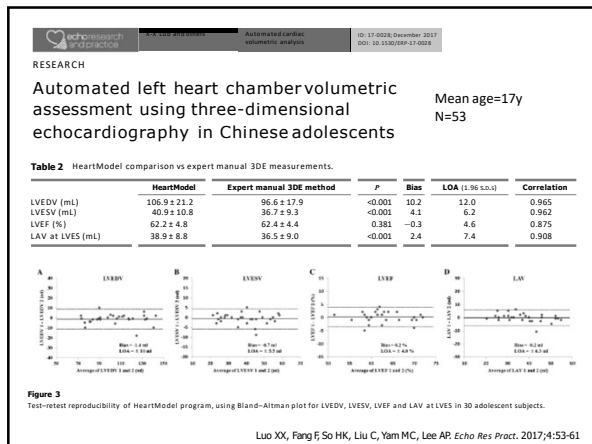
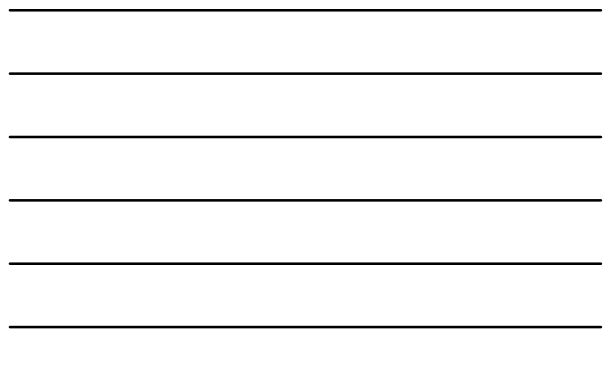
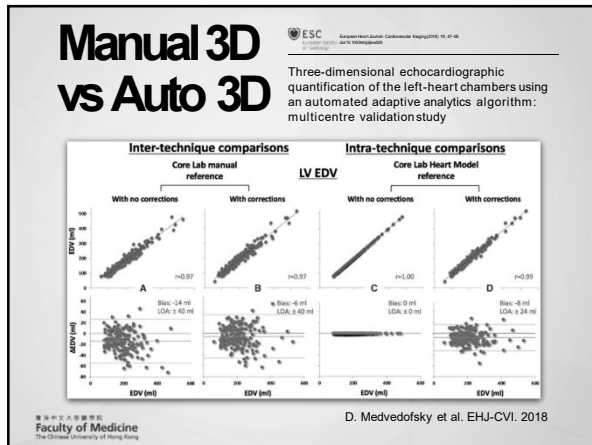
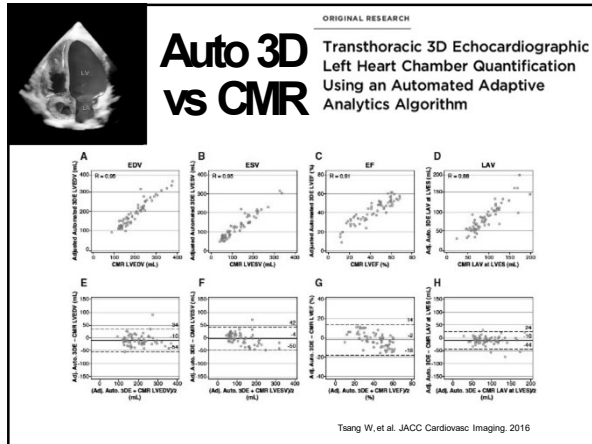
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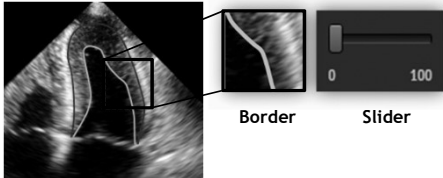
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## Endocardial Border Placement

- Algorithm detects both inner and outer myocardial borders
- Inner border is located at blood/tissue interface
- Outer border is located at compacted myocardium interface
- The “preferred” default slider position can be set by the users




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## What slider setting should be used? Auto 3D vs CMR

	CMR mean ± SD	Heart model		p Value	Bias	LOA	r
		Sliders	Mean ± SD				
EDV (ml)	168.5 ± 72.1	70/30	160.2 ± 64.4	0.6	-14.4	65.5	0.892
		70/40	155.6 ± 65.9	0.46	-21.8	78.3	0.842
		74/68	156.7 ± 65.8	0.5	-5.8	62.8	0.910
ESV (ml)	88.5 ± 60.5	70/30	80.8 ± 55.9	0.6	-9.2	45.8	0.925
		70/40	81.9 ± 54.4	0.64	-12.9	63.8	0.860
		74/68	90.5 ± 60.1	0.9	9	53.9	0.907
EF %	49.7 ± 16	70/30	54.5 ± 13.8	0.19	2.5	13.2	0.906
		70/40	52.5 ± 13	0.42	1.7	14.7	0.898
		74/68	46.3 ± 12.6	0.31	-4.9	11.7	0.940

SD standard deviation, P value t test P value, LOA limits of agreement (95% CI), r Pearson's correlation coefficient, HM heart model, CMR cardiac magnetic resonance

Faculty of Medicine Barletta, et al. The International Journal of Cardiovascular Imaging (2018) 34:1205–1213.  
The Chinese University of Hong Kong

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## What slider setting should be used? Auto 3D vs Manual 3D

	3DE mean ± SD	Heart model		p Value	Bias	LOA	r
		Sliders	Mean ± SD				
EDV (ml)	104.6 ± 48.4	70/30	160.2 ± 64.4	< 0.0001	52.1	59.6	0.875
		70/40	155.6 ± 65.9	< 0.0001	49.1	65.9	0.856
		74/68	156.7 ± 65.8	< 0.0001	53.7	60.7	0.891
ESV (ml)	53.9 ± 42.9	70/30	80.8 ± 55.9	0.003	16.3	28.6	0.929
		70/40	81.9 ± 54.4	0.002	18.3	42.1	0.879
		74/68	90.5 ± 60.1	0.0003	30.9	28.8	0.949
EF %	53.7 ± 15.7	70/30	54.5 ± 13.8	0.7	0.7	15.7	0.888
		70/40	52.5 ± 13	0.6	-1.5	15.2	0.869
		74/68	46.3 ± 12.6	0.003	-7.6	13	0.913

SD standard deviation, P value t test P value, LOA limits of agreement (95% CI), r Pearson's correlation coefficient, 3DE 3D echocardiography, HM heart model

Faculty of Medicine Barletta, et al. The International Journal of Cardiovascular Imaging (2018) 34:1205–1213.  
The Chinese University of Hong Kong

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# What HM slider settings should be used?

- Somewhat depends on whether the "CMR" accuracy or the "Echo" accuracy is preferred
- Ideally, CMR and echo should give the same values
- CMR is the gold standard
- Echocardiographers are more familiar with echo volume/EF
- No guideline recommendations so far



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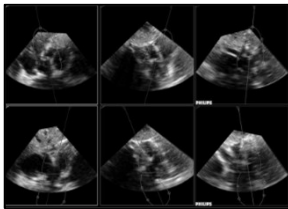
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An example of poor quality image

Impact of image quality on the accuracy of the automated chamber quantification

Quality	EDV (mL)		ESV (mL)		EF (%)		LAV (mL)	
	Bias ± SD	r value	Bias ± SD	r value	Bias ± SD	r value	Bias ± SD	r value
Good (n = 108)	-0.5 ± 9.0	0.99	-0.6 ± 7.0	0.99	0.1 ± 4.4	0.94	1.3 ± 6.5	0.97
Adequate (n = 89)	-5.1 ± 13	0.98	-2.0 ± 9.2	0.99	-0.4 ± 5.5	0.93	0.4 ± 8.2	0.97
Poor (n = 72)	-2.7 ± 41	0.89	-4.8 ± 32	0.89	0.3 ± 16	0.49	1.8 ± 26	0.81

Comparisons between the automated analysis and 3D-guided biplane measurements in the three image quality groups (n = 269).

Medvedofsky et al. J Am Soc Echocardiogr. 2017 September ; 30(9): 879-885.

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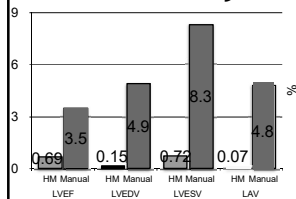
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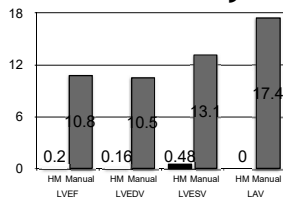
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## Convergent AI algorithm

### Intra-observer variability



### Inter-observer variability



Luo XX, ... Lee PW. Echo research and practice. 2017

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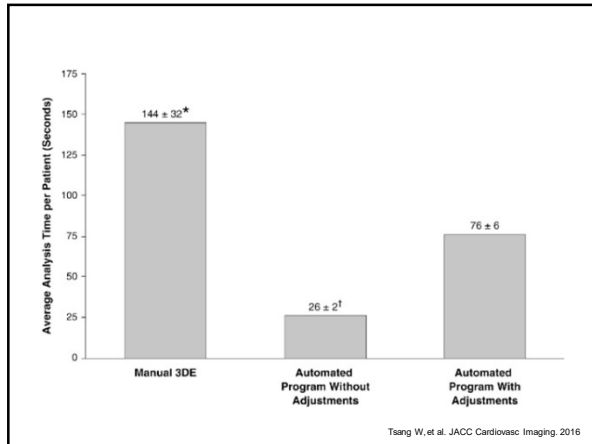
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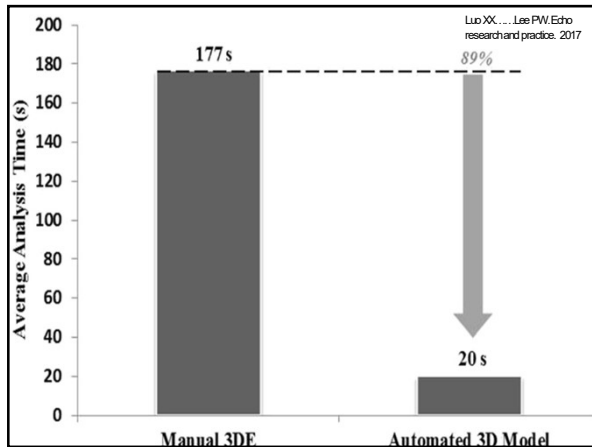
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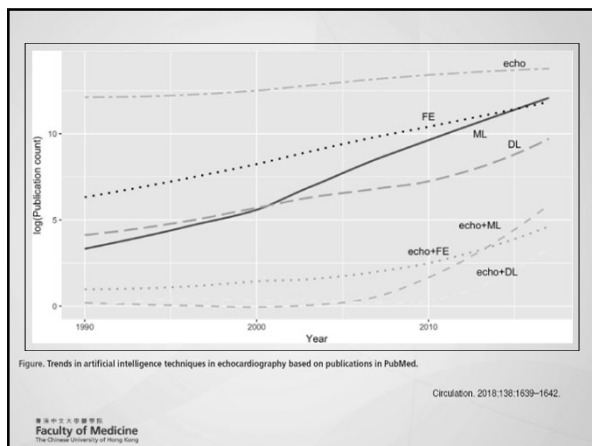
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**Circulation**

ORIGINAL RESEARCH ARTICLE

**Fully Automated Echocardiogram Interpretation in Clinical Practice**  
Feasibility and Diagnostic Accuracy

Zhang, et al. *Circulation*. 2018;138:1623–1635.

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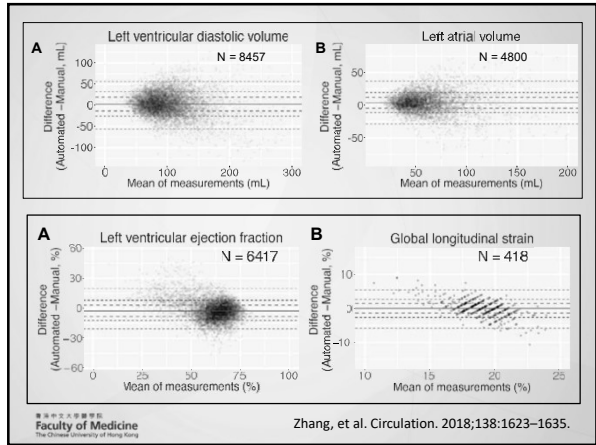
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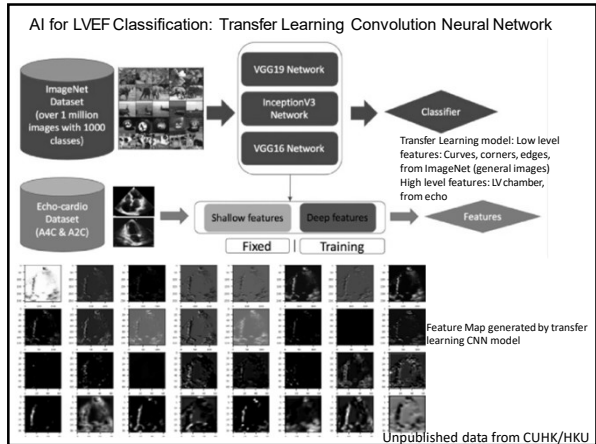
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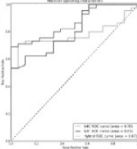
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## AI for LVEF Classification: Results

- Results on CNN + LSTM + Transfer Learning model
    - AUC: 0.87 for model learning with both A4C and A2C
    - Accuracy: ~90%
    - A4C + A2C: better generalize information, alleviate over-fitting
- ~4000 echo frames

	A4C	A2C	Hybrid(0.7+0.3)	Hybrid(0.6+0.4)
AUC	0.78	0.81	0.86	0.87
Accuracy	77.75%	80.95%	74.0%	79.37%
Sensitivity	88.89%	33.33%	61.11%	44.44%
Specificity	73.33%	100%	80.00%	93.33%
Positive Likelihood Ratio	3.33	N.A.	3.06	6.67
Negative Likelihood Ratio	0.15	0.67	0.19	0.60
Disease prevalence	28.57%	28.57%	28.57%	28.57%
Positive Predictive Value	57.14%	100.00%	35.00%	72.73%
Negative Predictive Value	94.29%	78.95%	83.72%	80.77%



The performance of current models in LVEF classification

ROC Curve

Unpublished data from CUHK/HKU

## Conclusion

- Auto LV volume, EF, strain, and LA volume by echo is now technical feasible thanks to advances in machine learning
- Still underestimate volume compare to MRI
- Source of error: border placement
- Accurate in LVEF
- Reproducibility is excellent because of the convergent algorithm in the latest automation program
- Time-saving
- Advances in deep learning will likely bring automation to various aspects of echo interpretation in the next 5 years

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# Thank You

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